

The Town of Long Harbour & Mount Arlington Heights

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DISCLAIMER OF LIABILITY

I, _____ agree to participate in the Long Harbour & Mount
Arlington Heights Fitness Centre.

There is no supervision provided for the gym and its contents.

I am using this fitness room and/or equipment of my own free will. I fully understand the risks and benefits of using this equipment and fitness room and I accept all consequences as a result of my use of this equipment and/or fitness room. I am absolving the Town of Long Harbour & Mount Arlington Heights from any liability, indemnity for any injury(ies)/problem(s) that may occur as a result of using the equipment and/or fitness room of the Town of Long Harbour & Mount Arlington Heights.

Participant

Date

Witness

Date